

## About FiFi

FiFi now has over 150 members

It's a fun and friendly group created specially for women living in SW France. All proceedings are conducted in English although we do have some members from around the globe.

Our activities are centred around St Antonin-Noble-Val, Verfeil, Parisot, Septfonds, Puyaroque and Cordes...but we welcome anyone who lives within easy reach of our events.

For those who move to a new country or area, it can sometimes be difficult to make friends and, for ladies on their own, quite daunting.

FiFi provides a network of like-minded women of all ages and backgrounds, offering each other friendship and support as well as sharing skills.

Our activity groups meet regularly and cover a wide range of interests. There are also weekly coffee mornings, plus monthly lunches.

Above all we are there to support one another.

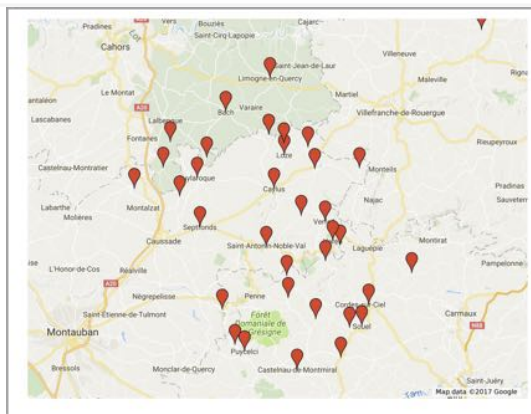


President at annual Apéros at Auty

# FiFi



[www.fififrance.com](http://www.fififrance.com)



members		
Parisot 4	Loze 2	Limogne-en-Quercy 1
Puyaroque 8	Septfonds 7	Bach 1
St Antonin 20	Milhars 1	Castelnau-de-Montmiral 2
Verfeil 4	Varen 1	Vaureilles 1
Cordes/les Cabannes 5	Bruniquet 1	Frausseilles 2
Puy-lagarde 1	Loubéjac 1	Le Ségur 1
Saillagol 2	Castanet 2	Larroque 1
Belfort de Q 1	Puycelci 1	Souel 1
Le Riols 2	Lapenche 1	Cahuzac-sur-Vère 1
Espinas 1	Saint-Projet 1	Saint-Michel-de-Vax 1
Caylus 9	Itzac 1	
Belmont-Sainte-Foi 2	Vaur 1	
	Montpezat-de-Quercy 2	



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## Welcome to FiFi



## Friends in France International



*Grand Crew wine appreciation*

If you would like to join FiFi, please send a message via the contact page on our website. You will be contacted by email.

There is always someone available to meet you for a coffee and talk through any questions you may have. The membership fee is currently 15 €. Cheques should be made payable to Friends in France International. Your annual subscription entitles you to attend any activity group (space permitting). In addition, you will receive a newsletter each month and a weekly "Things to do" reminder by email.

You will also have access to our Facebook page to share your photos, news, recipes and tips. All events and activities are run for free by our members although some charge a small fee to cover costs. Certain activity groups are open to partners: wine appreciation and quiz nights for example.

FiFi has group insurance covering all members participating in activities.

## FiFi ACTIVITIES

We have a wide variety of activities: regular groups as well as one-off events such as the Great FiFi Bake-off, annual Apéros at the chateau and an annual fund raising event for a charity chosen by members as well as many more activities...give us YOUR ideas!

**FiFi is for making new friends, discovering new activities and offering help when needed.**

*You are welcome to come along to an event, without any commitment, to see if FiFi is for you.*

AQUACYCLING  
BOOK GROUP  
BUSINESS FORUM  
COFFEE MORNINGS  
CYCLING  
DISCUSSION LUNCHES  
FRENCH HISTORY  
FILM GROUP  
FRENCH CLASSES  
GARDENING  
GENEALOGY  
GROUP LUNCHES  
LIGHTEN UP  
LINE DANCING  
OIL PAINTING  
POETRY  
QUIZ NIGHT  
SKI GROUP  
WALKING  
WALKING FOR WIMPS  
WHAT'S COOKING?  
WINE APPRECIATION



*Oil painting*



*Monthly lunches*



*Walking Group*



*Gardening Group*



*What's cooking?*



*Summer picnic*